

Stage 1 – 2nd May 2019

Location	Stage / Day	Meeting time	Caravan timings	Men's race time	Finish time
Doncaster (Start)	Stage 1 / Thursday	10:05	10:50	13:05	14:05
Bentley	Stage 1 / Thursday	10:21		13:05	14:21
Askern	Stage 1 / Thursday	10:36		13:26	14:26
Wormersley	Stage 1 / Thursday	10:41		13:41	14:41
Snaith	Stage 1 / Thursday	11:00	11:52	14:00	15:00
Rawcliffe	Stage 1 / Thursday	11:08	12:01	14:08	15:08
Howden	Stage 1 / Thursday	11:21	12:20	14:21	15:21
Elloughton	Stage 1 / Thursday	11:59		14:59	15:59
Walkington	Stage 1 / Thursday	12:35	13:54	15:35	16:35
Beverley	Stage 1 / Thursday	12:41	14:03	15:41	16:41
Pocklington	Stage 1 / Thursday	13:29	15:09	16:29	17:29
Elvington	Stage 1 / Thursday	13:46	15:30	16:46	17:46
Wheldrake	Stage 1 / Thursday	13:53		16:53	17:53
Cawood	Stage 1 / Thursday	14:13		17:13	18:13
Selby (Finish)	Stage 1 / Thursday	14:29	16:29	17:29	18:29

Stage 2 – 3rd May 2019

Location	Stage / Day	Meeting time	Women's race time	Caravan times	Men's race time	Finish time
Barnsley (Start)	Stage 2 / Fri	08:05	09:05	12:30	14:45	15:35
Staincross	Stage 2 / Fri	08:10	09:10		14:50	15:50
Royston	Stage 2 / Fri	08:20	09:20			
Ryhill	Stage 2 / Fri	08:30	09:30		15:08	16:08
Pontefract	Stage 2 / Fri	08:48	09:48	13:19	15:24	16:24
Castleford	Stage 2 / Fri	08:56	09:56		15:30	16:30
Kippax	Stage 2 / Fri	09:08	10:08	13:39	15:40	16:40
Garforth	Stage 2 / Fri	09:14	10:14	13:34	15:45	16:45
Shadwell	Stage 2 / Fri	09:36	10:36		16:05	17:05
Potbank, Harrogate	Stage 2 / Fri	10:18	11:18		16:55	17:55
Oak Beck Bridge, Harrogate	Stage 2 / Fri	10:19	11:19		16:55	17:55
Harrogate Pump Room	Stage 2 / Fri	10:24	11:24		16:55	17:55
Swan Road to Parliament Street, Harrogate	Stage 2 / Fri	10:36	11:36	15:00	16:55	17:55
Ripley	Stage 2 / Fri	10:55	11:55		17:12	18:12
Ripon	Stage 2 / Fri	11:12	12:12	15:46	17:27	18:27
Bedale (Finish)	Stage 2 / Fri	11:55	12:55	16:31	18:04	19:04

Stage 3 – 4th May 2019

Location	Stage / Day	Meeting Time	Women's race time	Caravan times	Men's race time	Finish times
Bridlington Spa	Stage 3 / Sat	08:05	09:05	12:25	14:30	15:30
Bridlington town	Stage 3 / Sat	08:16	09:16	12:30	14:41	15:41
Bridlington High Street	Stage 3 / Sat	08:16	09:16		14:41	15:41
Hunmanby	Stage 3 / Sat	08:37	09:37	12:55	14:58	15:48
Cote de Silpho	Stage 3 / Sat	09:23	10:23	13:40	15:37	16:37
Robin Hoods Bay	Stage 3 / Sat	09:59	10:59		16:06	17:08
Whitby	Stage 3 / Sat	10:13	11:13	14:29	16:19	17:19
Sandsend	Stage 3 / Sat	10:24	11:24		16:27	17:27
Grosmont	Stage 3 / Sat	11:01	12:01	15:16	16:58	17:58
Scarborough Town Centre	Stage 3 / Sat	11:57	12:57		17:44	18:44
Sandside, Scarborough	Stage 3 / Sat	12:09	13:09		17:54	18:54
Scarborough (Finish)	Stage 3 / Sat	12:09	13:09	16:21	17:54	18:54

Stage 4 – 5th May 2019

Location	Stage / Day	Meeting time	Caravan time	Men's race time
Halifax (Start)	Stage 4 / Sun	09:35	10:45	12:35
Halifax town centre	Stage 4 / Sun	09:48	10:55	12:48
Haworth	Stage 4 / Sun	09:12	11:05	13:12
Goose Eye	Stage 4 / Sun	09:23		13:23
Skipton	Stage 4 / Sun	09:37	11:35	13:37
Kettlewell	Stage 4 / Sun	10:29	12:39	14:29
Park Rash	Stage 4 / Sun	10:37		14:37
Middleham	Stage 4 / Sun	11:09	12:29	15:09
Masham	Stage 4 / Sun	11:32	13:55	15:32
Pateley Bridge	Stage 4 / Sun	12:07	14:41	16:07
Otley	Stage 4 / Sun	12:52	15:37	16:52
Leeds (Finish)	Stage 4 / Sun	12:31	16:23	17:31